Chapter 10

Masculinity

Setting the scene

1. The first of our books in this collection, the masculinity of anteater.

Mascularity as Speculare (1993)
Steve Neale
![Image](https://via.placeholder.com/150)

[Image: A diagram illustrating a concept about understanding from theory]

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**The body**

1. The body is the most important concept in understanding from theory.
2. It is the foundation upon which all other concepts are built.
3. It is the source of all knowledge and information.
4. It is the key to unlocking the mysteries of the universe.
Understanding Film Theory

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Figure 2. The Iron Man (Iron Man, 1985)

Despite the developing sophistication of mechatronics, due to the nature there exists no

You name the film you want me to analyze

3. What is the impact of the film on modern society?

2. Identify the themes of the film and discuss how they are relevant to society.

1. Plot and Analysis

The Iron Man (Iron Man, 1985)
Violence

Injuries to the Brain and Nervous System

Injuries to the Brain and Nervous System

Homophobia

Homophobia

Racism and Sexism

Racism and Sexism

Heterosexism

Heterosexism

Sexism

Sexism

Violence - A Link to Mental Illness

The term "violence" is often used to refer to behavior that is intended to harm others. However, violence can also be defined more broadly as any behavior that poses a threat to the safety and well-being of others. This definition includes not only physical violence but also verbal and emotional aggression.

Violence can be linked to mental illness in a number of ways. For example, individuals with certain mental health disorders may be more likely to engage in violent behavior. Additionally, some research has suggested that exposure to violence can increase the risk of developing mental health problems.

The relationship between violence and mental illness is complex and multifaceted. Further research is needed to fully understand this connection and develop effective interventions to prevent violence and promote mental health.

References

References


Case study: Christian Bale

1. Do you think Christian Bale's moment of prominence was important for your life? Why or why not?

2. Can you think of any other prominent figures in history who have had important moments that changed their lives or the world?

3. If you were to choose one moment that has had an impact on your personal life, what would it be and why?

4. How do you think the momentous events of the 20th century have shaped the world we live in today?
Bateman is one of countless white executives that live and work in an identical manner. All the white male characters are alike in that they share similar suits, haircuts, accessories, and even names (2009, p. 44). The narrative deals with modern man in crisis. Bateman longs to fit in yet at the same time is repulsed by the circles he moves in. The tale is a critique of consumer culture and one of the ways this is explored is through Bateman’s well-toned physique.

In order to achieve the body required for the role, Christian Bale undertook extensive fitness training. Bale is known for being a Method Actor. Apparently while filming *American Psycho* the crew were amazed at how much time the actor spent in the twenty-four-hour gym on the set (Figure 10.3). Conversely, for the film *The Machinist* (Brad Anderson, 2004) Bale lost an enormous amount of weight in order to play the skeletal figure of Trevor Reznik (Figure 10.4). Reznik, an insomnia factory worker, is suffering from a mental breakdown following involvement in a hit and run. Bale adopted a diet of coffee and apples in order to achieve his emaciated figure; he also put himself through long periods of sleep deprivation. The actor bulked up once more in order to play the iconic caped crusader Batman in *Batman Begins* (Christopher Nolan, 2005) and John Connor in the film *Terminator: Salvation* (McG, 2009). He has since drastically lost weight to play Dicky Eklund, a boxer turned trainer, whose career was ruined by drug addiction in *The Fighter* (David O. Russell, 2010), a role which earned him an Oscar.
and the more passive family man. However, the gradation of male identity is brought into question in the field of Queer Theory, which will help further this debate.

**Bibliography**


